JT 2020 Changes in Workshops and Presenters

Due to some presenters having to make the difficult decision not to present this year, we have some changes in the schedule. The following are the changes to the programming.

Sunday Evening:

S1 Ethics workshop: presenter change to Susan Cunningham, LCSW, LADAC II

S4: Change to Jon Buffington, LCSW, LADAC II: “Addressing Communication and Conflict Management Needs in Substance Abuse Family Counseling”

This workshop is described on Wednesday sessions in the brochure.

Tuesday PM: Lucy Billings workshops have been changed.


Description for part 1 is listed on W9. Part 2: Explore the application of information presented in part 1 by using different techniques to get and hold clients’ attention throughout the group session.

T7 change to Tiffany Leek, LADAC II and Leni Siddiqi: “Counseling and Program Considerations for LGBTQ Identified Clients”

Part 2. See T5 for workshop description.

T10 Change to: Frances Patterson, PhD, MAC and Katy Whitley: “Making groups engaging, meaningful and fun for clients”

Do you find that it is a struggle at times to get clients engaged in the group process? Are you ever bored during group? If you are not feeling engaged or you are bored, then there it is possible the clients feel the same. This workshop will offer some hands on, meaningful activities to add to your group therapy toolbox. You will have the opportunity to experience some of the activities just as the clients will. Bring your creative side and join in the fun.

T11 Change to: Randal Lea, MA, LADAC II, QCS “Viral Dreaming: Sleep Disturbance and Addiction Recovery in the time of COVID”

The APA reports an increase of stress nationwide in response to the social and economic aspects of COVID-19. There has also been a 9% increase in prescriptions of sleep aids over 2019. This is significant in the backdrop of the isolation, so dangerous for our population, imposed by virus containment responses. Patients and those in early recovery, like others in this nation, are reporting nightmares and even very specific COVID dreams. One approach to this is to seek medication for containment of the images; another approach is to allow ourselves and our patients to become curious about what the dream images represent for us in a time of uncertainly and limited social support. This workshop will briefly touch on the current state of sleep and dreams, then turn into a practical application of working with dream content in the recovering population.

T12 Change to Presenter to be determined: “Drumming Circle”