

**MIDDLE TN ASSOC. OF ALCOHOLISM
AND DRUG ABUSE COUNSELORS**

Journey Together Conference

2505 21st Avenue South - Suite 410
Nashville, Tennessee 37212

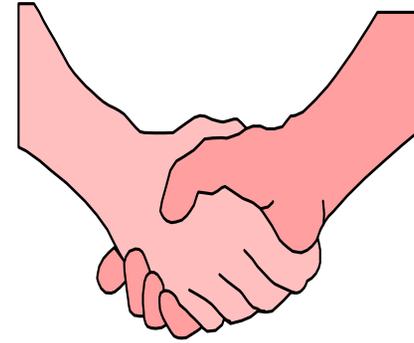
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Journey Together Conference 2020

A Conference for Addiction Professionals

Presented by
**Middle Tennessee Association
for Addiction Professionals**



Franklin Marriott Cool Springs
700 Cool Springs Blvd
Franklin, TN 37067
(615) 261-6100
(888) 403-6772

September 20th, 21st, 22nd, 23rd

**Conference begins Sunday, September 20th
with 4 Evening Workshops**

Conference General Information

Program Description and Objectives

The overall goal of the conference is to bring together professionals working with addictions, substance use disorders, prevention and treatment. Participants will explore a variety of topics related to the medical, psychological, and familial aspects of the disease of addiction and share knowledge, expertise, and resource networking.

Participants who attend this conference will:

- explore the impact of alcohol and drug use on adolescent, adult and older adult clients and family systems;
- be introduced to the latest research and clinical interventions in addressing the relationship between alcohol and drug use, mood disorders, abuse, other addictions and the newest treatment modalities;
- understand and practice creative and unique treatment approaches, identifying other addictions, treatment issues when working with adolescents and older adults, addressing relapse prevention, and other professional issues.

Welcome to the Journey Together Conference!

The conference committee would like to thank each of you for your support and participation.

**Hospitality Suite in Appaloosa Room hours:
Monday - Wednesday, open 7:30am - 6:00pm
Closed during lunch from 12:00 noon -
2:00pm everyday**

Location and Accommodations

Marriott Cool Springs

700 Cool Springs Blvd, Franklin, TN 37067

(615) 261-6100

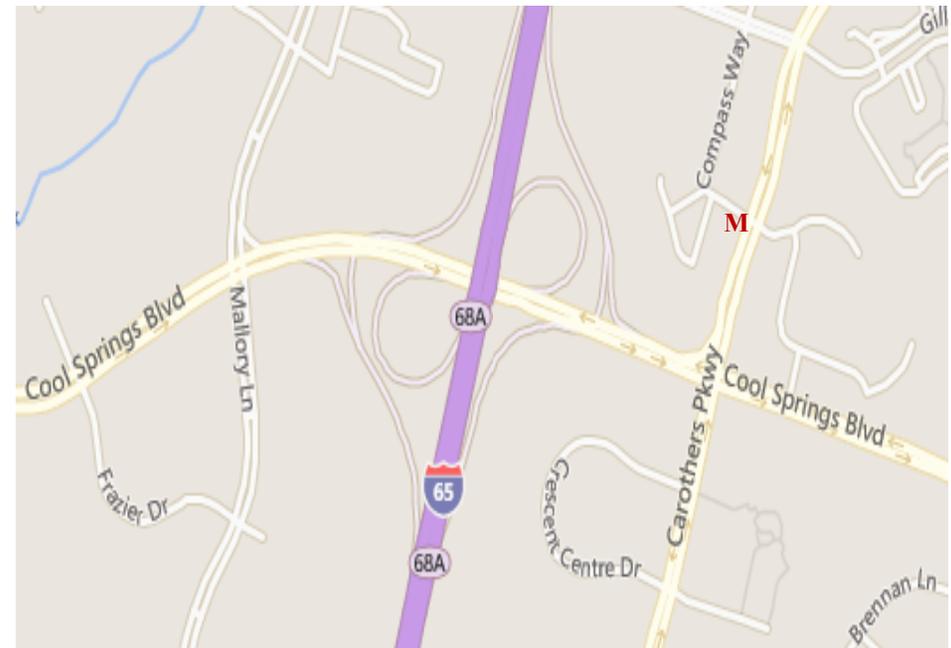
(888) 403-6772

Newly renovated Marriott Cool Springs is just 20 minutes south of Nashville. Unique among hotels in historic Franklin, TN, it is surrounded by upscale shopping, dining and history. Cool Springs Galleria Mall, Crescent Centre and Highwoods are within walking distance or just a short ride away from our Cool Springs hotel. They offer wireless Internet access at no charge and free shuttle service within a five-mile radius. Stave Regional Kitchen and Lounge offers a variety of dining and entertainment options to inspire productivity and interaction at Franklin Marriott Cool Springs. Ask for the Journey Together Conference room rate of **\$139** per night (includes free internet), by **9/14/2020**. Do not delay and miss this early bargain!

Directions

From the south: Follow I-65 north to Exit 68A (Cool Springs Blvd.). Follow signs for Cool Springs Blvd. East. Upon exiting, turn right at the bottom of ramp. Turn left on Carothers Pkwy. Hotel is on the right.

From the Airport: Take I-40 West from Nashville Int'l Airport to I-24 E, to I-440 West. Take I-65 South (to Huntsville). Follow approx. 17 miles. Take exit 68-A to Cool Springs Blvd. East. The hotel is located on the left corner at the first stop light.



Fee and Payment for Conference

Registration:

Early Bird Rate before September 7th

TAADAC Members: \$295 ____

Non-Members: \$330 ____

Rates after September 7th

TAADAC Members: \$315 ____

Non-Members: \$360 ____

One Day Rate:

TAADAC Members: \$125 ____

Non-Members: \$150 ____

Committee member _____

Presenter _____

Payment: ____ Check/MO ____ Credit Card Visa/MC

Total \$ _____

For Credit Card Charges:

Card Type: MasterCard ____ Visa ____ AmEx ____ Discover ____

Account Number _____

Expiration Date _____

CVVS _____ (3 digit code on back of card or 4 digit code on front of AmEx)

Billing address including zip code _____

Signature of Card Holder: _____

**Credit card registrations can be phoned in, faxed or mailed to
Phil Guinsburg**

Phone: 615-386-3333 ext. 103 Fax: 615-386-3353

Organizational discount for 5 or more attendees.

Partial scholarships are available and limited to the first 50 applicants.

**Please fax requests for organizational discounts and scholarships to
Phil Guinsburg or submit in writing to the address below.**

**Submit completed registration form and payment to:
MTAADAC 2505 21st Ave. S., Suite 410, Nashville, TN 37212**

Continuing Education, LADAC Licensure and License Renewal Hours, and Social Work CE credits

This conference has been planned and implemented in accordance with the credentialing standards of the licensed Alcohol and Drug Abuse Counselor standards and provides **25** possible CE credits total. Credit hours will be broken into primary functions for those individuals pursuing licensure. This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: (NASW-TN2020 - 0081) for **25** continuing education units.

Conference Etiquette: Participants are asked to turn off cell phones when attending sessions or change to a silent signal. Please step outside the room when responding to a call.

Conference Credits: Each participant is responsible for recording his or her attendance at workshops and should claim only those hours of credit actually spent in the educational activities.

Breakout Sessions: Plenaries and some workshops are in the **Champion Ballroom, Salons 6-10**. Workshop designations will be posted at the registration table and by meeting room doors.

Conference Registration

Registration is located in the **Morgan Room** throughout the conference.

Printing of Workshop Handouts

Please print handouts for your workshops prior to the conference. Handouts that have been submitted by presenters can be accessed in the week prior to the conference and downloaded at:

www.MTAADAC.org/conferences/Presentations

Please “like” us on
Facebook at MTAADAC and
Go to www.MTAADAC.org
for updates regarding educational
opportunities, meeting updates, and all
the latest news.



PLENARY SESSIONS—KEYNOTE SPEAKERS

Monday, September 21st

Amber Stevenson, LCSW, LADAC II

“Trauma Informed Care is More Than a Buzz Word: Why “old school” treatment-as-usual won’t work ”

We all want to be clinicians that responsibly and ethically assist our clients in their healing journey. But unintentionally, we may use interventions that take our clients out of their “window of tolerance” and make them vulnerable to relapse and other “channel-changers”. This plenary will help you better understand the unique considerations of a client that is presenting with complex trauma and how to minimize the risk of replicating prior trauma dynamics. We will be challenged (and maybe even feel a little uncomfortable) to be open to creating an environment that relies less on punitive, confrontive approaches in treatment and more on establishing relational safety and internal stabilization.

Tuesday, September 22nd

Darryl S. Inaba, PharmD., CADC III, CATC-V

“Updated Science of Addiction, Recovery and Relapse”

The science of Substance-Related and Addictive Disorders has now moved “mainstream” in public awareness and that is helping to erode its stigma along with inspiring innovative new treatment approaches. Genetic, epigenetic, pharmacology, brain imaging, and other research techniques/tools validate addiction and even its recrudescence (relapse) episodes to be due to neurobiological variances in those who experience addiction. This training will explore the evolving science of addiction and help to explain how it is changing the way we look at, even treat, Substance-Related and Addictive Disorders. It will also present the neuroplasticity of brain cells that can be observed during the recovery process and provide an update on the tools and processes that help promote sustained recovery.

Wednesday, September 23rd

Stan Bumgarner, M. Div., LADAC II

“Storytelling for Those On the Path to Spiritual Awakening ”

Storytelling is an indispensable component of substance abuse treatment. From Aesop’s Fables and tales from around the world, to stories from the Bible, the Buddha, and the Big Book, clinicians can draw on powerful and vivid stories of trial and redemption that transcend time and help clients recognize their own lives in the lives of others. In this plenary session, participants will have the opportunity to explore a variety of stories for communicating recovery and spiritual concepts to their SUD clients. In addition, they will gain skills to improve their storytelling skills and expand their set of therapeutic tools for talking to clients from diverse religious and spiritual experiences while also creating an atmosphere of hope and change.

Registration Form

Journey Together Conference

September 20, 21, 22, 23, 2020

NAME: _____

MAILING ADDRESS: _____

CITY/STATE/ZIP: _____

EMPLOYER: _____

DAY PHONE: () _____ CELL: () _____

E-MAIL ADDRESS: _____

Indicate which workshops and lunches (included in conference registration fee) you plan to attend:

____ Monday Lunch ____ Tuesday Lunch ____ Wednesday Lunch
Vegetarian meals? ____ Yes ____ No

Please choose only one workshop for each time slot:

Sunday, September 20th Evening Sessions

5:30-8:30 S1 ____ Jackson

S2 ____ Coffey

5:30-7:00 S3 ____ Buffington

7:00-8:30 S4 ____ Robbins

Monday, September 21st

2:00-3:30 M1 ____ Stevenson

M2 ____ Benson/Patterson

M3 ____ Hirsch

M4 ____ Licensure Board Panel

M5 ____ Mulloy

6:00-8:00 M11 ____ Benson/Patterson

M12 ____ Coffey

M13 ____ Taylor/Harper

4:00-5:30 M6 ____ Stevenson

M7 ____ Benson/Patterson

M8 ____ Bullion

M9 ____ Hirsch

M10 ____ Abrams/Guinsburg

Tuesday, September 22nd

2:00-3:30 T1 ____ Inaba

T2 ____ Robbins

T3 ____ Benson

T4 ____ Patterson

T5 ____ Leek/Siddiqi

6:00-8:00 T11 ____ Robbins

T12 ____ Abraham

T13 ____ Moran

4:00-5:30 T6 ____ Inaba

T7 ____ Robbins

T8 ____ Moran/Benson

T9 ____ Fox

T10 ____ Squires

Wednesday, September 23rd

2:00-3:30 W1 ____ Bumgarner

W2 ____ Hampton

W3 ____ Lea

W4 ____ Ryder-Grebel

W5 ____ Holiday

4:00-5:30 W6 ____ Bumgarner/Parent

W7 ____ Driggs

W8 ____ Ryder-Grebel

W9 ____ Warr

W10 ____ Buffington

CONFERENCE

SCHEDULE AT A GLANCE

Sunday, September 20th
S1 and S2 Evening Sessions

5:30-8:30

S3 Session 5:30-7:00; S4 Session 7:00-8:30

| Monday | Tuesday | Wednesday |
|---|---|---|
| 7:30-9:00 Registration | 7:30-9:00 Registration | 7:30-9:00 Registration |
| 8:45 Opening Ceremonies: color guard | 8:45 Announcements | 8:45 Announcements |
| 9:00 Plenary 1 Amber Stevenson | 9:00 Plenary 2 Darryl Inaba | 9:00 Plenary 3 Stan Bumgarner |
| 10:30 BREAK 10:50 Door Prizes | 10:30 BREAK 10:50 Door Prizes | 10:30 BREAK 10:50 Door Prizes Staff Auction |
| 11:00 Plenary 1 Amber Stevenson | 11:00 Plenary 2 Darryl Inaba | 11:00 Plenary 3 Stan Bumgarner |
| 12:30 LUNCH A&D Licensure Board Q&A | 12:30 LUNCH Regional Meetings | 12:30 LUNCH TAADAC Awards |
| 1:15 Silent Auction Opens | Breakout Sessions | |
| 2-3:30 M1: Amber Stevenson M2: Benson/Patterson M3: Jessica Hirsch M4: Licensure Board M5: Paul Mulloy | 2-3:30 T1: Darryl Inaba T2: Lucy Robbins T3: Kathryn Benson T4: Frances Patterson T5: Leek/Siddiqi | 2-3:30 W1: Stan Bumgarner W2: Vanessa Hampton W3: Randal Lea W4: Michelle Ryder W5: Jonathan Holiday |
| 3:30 BREAK | 3:30 BREAK | 3:30 BREAK |
| 4-5:30 M6: Amber Stevenson M7: Benson/Patterson M8: Rebecca Bullion M9: Jessica Hirsch M10: Abrams/Guinsburg | 4-5:30 T6: Darryl Inaba T7: Lucy Robbins T8: Moran/Benson T9: Det. Justin Fox T10: Michele Squires 6:00 Auction Closes | 4-5:30 W6: Bumgarner/Parent W7: Deborah Driggs W8: Michelle Ryder W9: Bill Warr W10: Jon Buffington |
| 6:00-8:00 M11: Benson/Patterson M12: Ann Coffey M13: Taylor/Harper | 6:00-8:00 T11: Lucy Robbins T12: Jane Abraham T13: Karen Moran | 5:30 Certificates Distributed |

S1

Jon Jackson, LADAC II, NCAC I, QCS

“Ethical and Professional Issues in Addiction Counseling”

This workshop is based on the NAADAC 2016 Code of Ethics and is designed to assist treatment providers in maintaining ethical professional practice and ongoing risk management, highlighting emerging issues and areas of concern. By building on long-standing ethical principles that have offered valuable guidance in resolving past ethical concerns, this workshop will help participants avoid issues and concerns that have the potential of harm to others or themselves. The nine principles of ethics will be discussed. Case scenarios and critical thinking scenarios that highlight unethical conduct, and applications of ethics, including reflective questions designed to promote higher-level thinking necessary for the proper application of ethics in the addiction and behavioral health professions will be explored.

Ann Coffey, ADS, RYT

S2

“AcuDetox for Addiction and Beyond”

AcuDetox has been shown to significantly decrease cravings for alcohol, drugs, nicotine, and sugar, as well as inducing a feeling of calm. It has also been shown to decrease the discomfort of withdrawal symptoms and lessen the occurrence of relapse. AcuDetox is not only used as a tool for addiction recovery, but it supports overall wellbeing, immune support and many behavioral health issues such as anxiety, depression, bi-polar, PTSD, ADHD, insomnia and more...wherever there is a mind-body disconnect. Those receiving treatment don't have to wait for its effects as deep relaxation often occurs within minutes.

Jon Buffington, LCSW, LADAC II

S3

**“Self Care For The Substance Abuse Therapist:
Minimizing Burnout and Maximizing Effectiveness”**

This workshop will explore issues that create burnout and empathy reduction in addictions treatment. We will explore issues surrounding countertransference, secondary trauma, emotional fatigue, personal mental health awareness and needs, physical health needs, social needs and spiritual needs. The ultimate goal is to validate our unique needs, manage those needs and to flourish in this profession to be of maximum benefit to the clients we serve.

S4

Lucy Billings Robbins, LADAC II

“Mastering the Art of Helping”

If you want to infuse your counseling practice with techniques that really work, then you cannot afford to miss this exciting and powerful workshop with Lucy. Join her in exploring beliefs that sabotage our happiness and learn a joyful way of being.

PRESENTERS AND WORKSHOPS

M1

Amber Stevenson, LCSW, LADAC II

“Mind the Gap: Understanding our own Window of Tolerance”

Just like our clients, we have our own “window of tolerance” and have to be mindful and learn strategies to stay in our “optimal zone”. We can all probably think of clients that have “pushed our buttons” or triggered our own stuff. This break-out session will combine lecture, experiential learning and demonstrations aimed at enhancing our own resilience as clinicians and as humans seeking to help others.

M2

Kathryn Benson, LADAC II, NCAC II

Frances Patterson, PhD, LADAC II, MAC

“The Art of Ethical Clinical Supervision” Part 1

As supervisors, those we supervise will “listen” to our behaviors and professionalism much more than our words. When we agree to be a supervisor, we are agreeing to be held to the highest standards of ethics and professionalism. Frances and Kathy will utilize discussion, activities and multimedia to enhance learning of ethical issues for supervisors and skills in creating a safe supervision environment.

M3

Jessica Hirsch, M.Ed., LADAC II, NCAC I

“A Clinician Navigates the First Two Years” Part 1

What is your goal in counseling? What are our client’s goals in participating in the counseling process? Why do some clients stay and grow while others simply never return? Am I doing this right? Am I making a mistake? Participants will explore what it means to enter into the essence of helping in group counseling. Join Jessica for a conversation and interactive workshop about creating a safe environment, building ceremony and rituals, stages of change and having fun.

M4

Licensure Board Panel Discussion

Teddy Wilkins, Caroline Tippens, Jane Abraham

“Demystifying Alcohol & Drug Abuse Licensure and the People Who Support the Profession”

Licensure rules, practices, policies and processes can be confusing to the newly licensed or the veteran counselor. Join the discussion with the professional staff who administer and legally support your state board along with board members. This is an interactive workshop where the panel will provide insight to simplify these administrative and legal topics to strengthen or reinforce your foundation for an ethical and sound practice.

M5

Paul Mulloy, MA, LADAC II

“Transition from Jail to Community”

This presentation will discuss the partnering with community agencies in an effort to make the transition from jail to community a successful process. By using screening and assessment tools and targeted interventions success rates are higher. It is important to understand the intake, screening, and identifying the needs of an individual as early in the process as possible. Using a PROXY score has helped in this process. For those scoring a medium or high on the Proxy, a Needs Assessment, is conducted along with a comprehensive release plan. This is all in collaboration with community partners.

M6

Amber Stevenson, LCSW, LADAC II

“Enhancing Resilience and Ability to be Present with the Help of a Horse”

There is a reason that horses are such great partners in helping individuals through personal struggles and in increasing self-awareness. Horses are herd animals with a social order and they are also prey animals, with safety as their top priority. How we interact with a horse often mirrors our relationships with other people. Amber will provide case examples that display the powerful ways in which horses assist in the therapeutic process and provide clients with in-the-moment opportunities to self-regulate, practice boundary-setting and find connection.

WORKSHOP PRESENTER BIOGRAPHIES

Michelle Ryder-Grebel, MA

Michelle has a Master’s degree in Management and Leadership and has worked for over 27 years in the corrections field with major emphasis in Reentry and SUD Treatment. She is currently the Corporate Director of Treatment and Behavioral Programs for CORECIVIC where she has oversight of 16 SUD programs and 22 sites that have Victim Impact Programs. She spent 6 years as the Assistant Warden at Marion County Jail II in Indianapolis, IN. She is a certified trainer in the RDAP curriculum through The Change Companies. She is a state and national presenter. She published a Wellness Article in Corrections Today magazine in August 2018. She was honored to sit on the IN Criminal Justice Board for 5 years in various positions and was President Elect for 2012.

Leni Siddiqi, BS, MA, LPC-MHP

Leni works as a primary counselor in the Women’s program at Mirror Lake Recovery Center in Burns, TN. She previously worked in the Family Program at Cumberland Heights. She is currently finalizing her work towards licensure having passed the licensure exam last year. Leni describes how lucky she is having fallen into working in addictions – a field she loves. She is a kind, caring, strength based counselor who specializes in working with LGBTQ identified individuals. She is also a lover of animals and an avid observer of many species in nature.

Michele Squires, MS, LADAC, NCAC1, QCS

Michele has worked with Shelby County TN Community Corrections program as Treatment Supervisor and Lakeside Behavioral Hospital as Program Director for the General Psychiatric unit and Total Recovery Program. She has also been the Clinical Director for Grace House of Memphis. She serves on the Shelby County Community Corrections Advisory Board. Michele is an Adjunct Professor for Memphis Theological Seminary’s Addiction Certificate Program, and is Past President of TAADAC.

Will Taylor, LADAC I, CPRS

Will has 6 years of experience in the field of MH and SA Services. He has been a TN CPRS since 2015 and National CPRS since 2018. Will serves as a Youth & Adult Mental Health First Responder, a member of the TSPN Middle TN Postvention Response Team, a QPR trainer and a member of TN Alliance for Drug Endangered Children. He currently serves as Lifeline Peer Coordinator for Region 5 North, contracted through the TN DMHSA. His home hub is Prevention Coalition For Success out of Murfreesboro, TN but works within 13 counties of north middle TN.

Caroline Tippens, Attorney

Ms. Tippens is an Asst. General Counsel at the TN Dept of Health. She is a 2007 graduate of UT Martin and 2011 graduate of Nashville School of Law. She is the prosecuting and advisory attorney for the Abuse Registry; Board of Licensing for Healthcare Facilities; Licensed Alcohol and Drug Abuse Counselors; Board of Licensing for Nursing Home Examiners; Board of Veterinary Examiners, Certified Nurses Aide Registry and Surgical Technicians.

William “Bill” Warr, LADAC II

Bill has worked in the addictions field for many years and has collaborated with many great clinicians across the US which includes Delbert Boone, Kenneth Osborne, Bill Gupton and Stanley Lipford. Bill co-founded, with Albert Richardson, CAAP, Inc. over 30 years ago. He is the founder of "Burst the Bubble Now" program designed to address the client who is in the precontemplation stage of change, and the aberrant client. "How To Capture a Captured Audience." is currently under construction. Bill is the Program Facilitator at West TN State Penitentiary for the new Restrictive Housing Step Down Program.

Teddy Wilkins

Ms. Wilkins is the Administrative Director over the Tennessee Board of A&D Counselors as well as nine other boards including Social Work; Psychology; LPCs and MFTs; Licensed Behavior Analysts; Optometrists; Dispensing Opticians; Communication Disorders and Sciences; Hearing Instrument Specialists; and Podiatrists. Ms. Wilkins has held this position for 5 years giving her a broad base of knowledge and experience in various counseling professions.

WORKSHOP PRESENTER BIOGRAPHIES

Randal Lea, MA, LADAC, QCS

Randal has over 30 years of clinical and administrative experience. He received his master's degrees in counseling from Trevecca Nazarene University and in psychology from Pacifica Graduate Institute. He has been a frequent presenter on such topics as Assessment, Sexual Behavior in Children, Ethics, Dreamwork, and Trauma. He is a certified practitioner of DreamTending and a Qualified Clinical Supervisor. Randal served 8 years as Asst Commissioner with TN Dept of Children's Services. In 2008, he was recognized by the Praed Foundation as a national "Systems Champion" for implementing a statewide children's assessment for DCS. He also received the "Friend of Children Lifetime Achievement Award" in 2010 from TN Voices for Children after seven years on their board and was recognized in both 2000 and in 2015 as "Professional of the Year" by MTAADAC.

Tiffany Leak, MA, LADAC II, NCAC II

Tiffany began her career as an addiction counselor in 2001 working in Seattle, WA. She then attended the Hazelden Betty Ford Graduate School of Addiction Studies in MN, graduating in 2008 with a MA in Addiction Studies. Tiffany won the 2008 HBFF Writing Award for her thesis supporting evidence based care for LGBTQ individuals within the residential treatment model. Tiffany is a caring, strength based counselor who has worked at all levels of care. T Leek Consulting is her private practice where she has had the opportunity to work with agencies and health care organizations to develop new programming or to assess needs like creating policy and procedures for Medication Assisted Therapy treatment programs. Tiffany has lead trainings for local and national agencies, as well as for children services agencies, at conferences and for MAT treatment programs. She continues to be passionate about working in this field to treat substance use and co-occurring mental health concerns.

Karen Moran, LADAC II, NCAC II, QCS

Karen has been working in the field of addiction since 1989. Her professional history includes specialized work with adolescents and adults with SUD, as well as individuals of all ages who struggle with codependency and other ACA issues. In May of 2010, she opened Inner Vision Clinical Consulting, a counseling and consulting practice providing clinical supervision to professionals seeking licensure, and working with individuals & families who seek their own "Inner Vision" for the healing journey.

Paul Mulloy, MA, LADAC II

Paul has worked for the Nashville Sheriff's office for 27 years and Director of Programs for 11 years, which includes Pretrial Release, Day Reporting Program, DUI School, Batterer Intervention, SAAFE and Transition from Jail to Community. He is a member of the Am Jail Association, Am Correctional Association, National Coalition Against Domestic Violence, and TN Coalition Against Domestic Violence. Paul works with community agencies through an initiative Transition from Jail to Community and with the National Institute of Corrections and Urban Institutes.

Kim Parent, Professional Singer/Songwriter

A professional singer-songwriter, Kim recently released her 5th CD, "Back To Love— Songs of Recovery and Redemption", where she draws from her own experience and explores the powerful journey from the despair and isolation of addiction into the spiritual wholeness of recovery. By linking her personal stories to original songs, she is able to connect with clients at an emotional level because they identify with her, her music and her spiritual path.

Frances Patterson, PhD, LADAC II, MAC, BCPC, CCJAS, QSAP, QCS

Frances has worked in the addictions field for over 30 years. She owns Footprints Consulting Services, providing professional training, client education and clinical supervision. She also works part time for the Davidson County Sheriff's office as a clinical supervisor in the A&D treatment programs. She is a past NAADAC SE Regional Vice President, past chair of the clinical issues committee, and member of the ethics committee. She is an approved education provider for NAADAC and a member of the trainers academy. In 2006 she was honored to receive NAADAC's Professional of the Year award. She is in the process of writing her first book. In her spare time Frances enjoys family, knitting, scuba diving and playing with her husband and 2 large rescue dogs.

M7

Kathryn Benson, LADAC II, NCAC II Frances Patterson, PhD, LADAC II, MAC "The Art of Ethical Clinical Supervision" Part 2

Continued from M2 session. You do not have to attend M2 to participate in M7.

M8

Rebecca V. Bullion, LCSW, CIP, SAP "Conducting Interventions with Co-Occurring Eating Disorders and Substance Abuse"

During this workshop, participants will learn how to identify the different types of eating disorders. Ms. Bullion will discuss the intervention approaches that work best with Eating Disorders and will demonstrate utilization of appropriate motivational interviewing techniques in conducting an intervention with this population. Additionally she will share information on what treatment team professionals are necessary for this type of intervention. Discussion will include intervention with co-occurrence of eating and substance use disorders.

M9

Jessica Hirsch, M.Ed., LADAC II, NCAC I "A Clinician Navigates the First Two Years" Part 2

This workshop is a continuation of M3.

M10

Phil Guinsburg, PhD, LADAC II, MAC Toby Abrams, LADAC II, NCAC II "Immortality of the Client and Counselor Relationships : An Interactive Process Group"

Participants in this process group will have the opportunity to get in touch with and express feelings about approaching end of counseling. What part of our work is important, lasting and in some ways immortal? We will examine how we feel towards others in the group sharing emotions we may or may not be aware of in ourselves This is not a lecture presentation; come prepared to feel your own worth.

M11

Kathryn Benson, LADAC II, NCAC II Frances Patterson, PhD, LADAC II, MAC "The Art of Ethical Clinical Supervision" Part 3

Continued from M7 session. You do not have to attend M2 and M7 to participate in M11.

M12

Ann Coffey, ADS, RYT "Recovery Yoga"

Participants will be able to experience the simple act of connecting with the breath. With some fundamental yoga poses, participants can gain insight of how those in early recovery learn awareness of and connection with their bodies, breath and emotions. Ann will also share some anonymous cases and testimonials of how yoga has helped people in early recovery and beyond. No experience necessary!

M13

Will Taylor, LADAC I, CPRS Jamie Harper "Addressing Substance Abuse in Suicide Prevention"

Suicide is a difficult topic to address but is necessary for clinicians to understand when working with individuals who struggle with addiction. This presentation will discuss suicide from the standpoint of individuals in long-term recovery and delve into the behaviors and circumstances that often lead to suicide. It will help provide tools to prevent suicide, not just among patients, but among employees, colleagues, friends, and family members.

T1 Darryl Inaba, PharmD., CADC III, CATC-V
“Current Trends in Adolescent Substance Abuse: New Faces on the Usual Suspects”
“Spice, Benzo Fury, Flakka, Kratom, Salvia, Pinky” and other substances have recently exploded within the drug abusing subculture. Practically all can be generally viewed as being a CNS stimulants, depressants or psychedelics. This presentation will review the abuse of these substances to update what is known about their effects as well as how they complicate diagnosis and treatment of both addiction and MH disorders. How adolescent brains are especially vulnerable to negative effects will be addressed and discussed. “Designer Drug” created to circumvent legal and detection processes will also be explained.

T2 Lucy Billings Robbins, LADAC II
“Take Charge of Your Life: Reality Therapy and Recovery”
Join Lucy in workshops which detail Reality Therapy and Choice Theory Psychology. Reality Therapy is an effective and useful counseling method that successfully integrates with most treatment approaches. Learn the role it can play in helping you regain personal freedom and choice. Learn more effective ways of assisting clients. Plan to attend one, two or all three and learn to take charge of your life. Workshop 1 Taking Charge of our Motivation: In this interactive workshop learn the concepts and techniques of Reality Therapy that enhance internal motivation. Explore how our basic needs drive us and experience Reality Therapy applications and strategies to improve your life and your counseling practice.

T3 Kathryn Benson, LADAC II, NCAC II
“See, Believe, Achieve”
Together we will have conversation to identify the fundamental steps of believing in our worthiness, imagining, preparing for and successfully completing the goal of LADAC licensure. Group discussion and individualized evaluation and planning will be used by participants to determine their own qualities, strengths and developmental needs to achieve their goal of being a licensed professional.

T4 Frances Patterson, PhD, LADAC II, MAC
“Beginning and Ending the Therapeutic Relationship: The Challenges and Rewards”
During this workshop participants will explore difficulties often encountered in making the first connection with a client. Giving informed consent while attempting to build trust can be a challenge. What can be even more challenging is ending the relationship, for whatever reason. Dr. Patterson will lead discussion in the process of informing clients, building the therapeutic relationship, setting appropriate boundaries and situations that dictate ending the relationship. How to do so without causing harm to the client will also be addressed.

T5 Tiffany Leek, MA, LADAC II
Leni Siddiqi
“Counseling and Program Considerations for LGBTQ Identified Clients”
Lesbian, Gay, Bi-sexual, Transgender and/or Queer (LGBTQ) individuals continue to be at higher risk of developing an SUD. Although some strides have been made in inclusion and acceptance there continues to be increased stigma and struggles with social relationships and in programs implementing best practices in treatment settings. It is vital that clinicians and programs continue to address therapeutic, clinical and cultural issues in treatment. This workshop will review clinical issues, program considerations and even barriers to development of a therapeutic alliance in treating LGBTQ individuals.

T6 Darryl Inaba, PharmD., CADC III, CATC-V
“New Findings and Mental Health Concerns with Cannabis Use Disorder (CUD) – Inconvenient Truths”
Increased use of Cannabis, especially by youth, has resulted in increased reports and studies associating its use to accidents, adverse medical/law enforcement interventions, psychosis, thought disorders, loss of IQ, seizures, syncope, hyperemesis, heart and other medical complications. This workshop will look at marijuana as a drug: Its mental health and abuse complications as well as its potential benefits in the treatment of some medical disorders. The botany, chemistry, pharmacology, impact on the adolescent brain and especially the 8-9% of users who develop Cannabis Use Disorder (CUD) will be explored. Current treatments of CUD will also be reviewed.

WORKSHOP PRESENTER BIOGRAPHIES

Deborah Driggs, Ph.D., LPC/MHSP, ACS

Deborah is a Licensed Mental Health Provider and Clinical Supervisor in private practice in Murfreesboro, TN. Her Master’s Degree is in Clinical Mental Health Counseling and she holds a Ph.D. in Counselor Education and Supervision. Deborah is certified as a Clinical Trauma Professional and has been trained in numerous evidence-based trauma models. She has a particular interest in the treatment areas of trauma, grief and loss, self-concept, and spiritual struggle.

Detective Justin Fox, Metro Nashville Police Department

Detective Fox is part of the Major Case Task Force/Specialized Investigations Division of MNP. His Bachelor’s Degree is from University Of Tennessee-Knoxville, 1998, and began his career with the police department that same year. He has worked in different positions that include the CSU, 20th Judicial District Drug Task Force and his current position on the Major Case Task Force. He brings a wealth of experience to share with conference participants.

Philip Guinsburg, PhD, LADAC II, MAC

Dr. Guinsburg has been in the A&D field for almost 50 years. He was awarded, by TAADAC, both the Professional of the Year Award and the Lifetime Achievement Award. In 2004, NAADAC awarded him national Professional of the Year. Phil has presented on various topics over the years. He was an oral examiner for over 15 years for the LADAC Licensing Board. He has been instrumental in helping to plan and implement the JT Conference since it’s beginning.

Vanessa Hampton, ISSA CFT, YogaFit L2, CrossFit L2

Vanessa is a personal trainer, yoga instructor, fitness coach, and owner of a massage and wellness business. At the age of 35 she left the corporate world to pursue her passion of helping people through fitness and wellness. She found this passion a just couple of years prior to leaving that job, when she began her own journey to a healthier life. Vanessa works with a variety of people of all ages and at many different places in their own journey. She believes in the pursuit of life balance and that true health is all encompassing of mind, body, and spirit.

Jaime Harper

Mr. Harper serves as the Regional Faith-Based Community Coordinator for Middle Tennessee where he is a point of contact in the faith community for establishing recovery programs, providing educational presentations, and facilitating coordination of substance abuse treatment and recovery services to those in need. He is a certified QPR trainer, and has worked in recovery for the past nine years. He is currently in a master’s program for Clinical Mental Health Counseling at Lipscomb University.

Jessica Hirsch, M.Ed., LADAC II, NCAC I

Jessica is an Outpatient Counselor at Cumberland Heights Foundation. She began her career, in the addictions field, in 2013. During her journey, she started in a marketing position, tested the waters of the licensure process and now has the blessing and honor of being a full-time Primary Counselor. In this role, Jessica has discovered her passion and purpose.

Jonathan Holiday, MS, LADAC II, NCAC II, CADC III

Jonathan received his Certificate in Addiction Studies through MAAP. He is currently the Addictions Treatment manager for Core Civics-Metro Davidson County Detention Facility. He has over 20 years of experience working with multiple populations that are struggling with Co-occurring disorders, and Criminogenic Behavior. He has written and developed several Programs for Addictions and Co-occurring Disorders, for Juvenile and adult offenders. He is honored to be a nationally recognized Interventionist through SOS Interventions.

Jon Jackson, LADAC II, NCAC I, QCS

Jon is the Chief Operations Officer for Harbor House Inc. in Memphis and has been an addiction professional for over 20 years. Jon is a NAADAC Approved Instructor, Certified Greif Recovery Specialist, QPR Suicide Prevention Gatekeeper Instructor, Reality Therapy Certified, Moral Recognition DV Certified and has completed Counseling the Compulsive Gambler Domain I & II. He serves on the TN Governor's Suicide Prevention Advisory Council and the Morehouse School of Medicine's ATTC Advisory Board. He is a past Adjunct Professor at Memphis Theological Seminary where he taught Ethics. Jon is Past President of TAADAS. Jon received the 2019 Volunteer of the Year award from TAADAS and the 2018 Professional of the Year award from TAADAC.

WORKSHOP PRESENTER BIOGRAPHIES

Rev. Dr. Jane Abraham, LCSW, LADAC, ADS, CPS II

Dr. Abraham is Chief Executive Officer for Healing Hearts Foundation and Executive Director of The Healing Arts Research Training Center, a NAADAC continuing education provider. She is founder of The Heart Way. She received her Doctorate of Theology from the New Mexico Theological Seminary, MSSW from the University of Tennessee, and Baccalaureate of Professional Studies undergraduate degree from the University of Memphis. She is a Licensed Clinical Social Worker, Licensed Alcohol and Drug Addiction Counselor, Certified Acupuncture Detoxification Specialist with 35 years of experience helping individuals recover from attachments. She has 30 years of experience training professionals and lay persons, She is a member of the National Training Academy for NAADAC.

Toby Abrams, LADAC II, NCAC II

Ms. Abrams is a past President of TAADAC, Tennessee affiliate of NAADAC. Her practice at Psychiatric and Psychological Services in Nashville includes clients from the wealthiest families as well as chronically homeless and addicted men, experiencing the poorest living conditions. This dual perspective affords a unique view of offering strategies for clients in recovery.

Kathryn Benson, LADAC II, NCAC II, QSAP, QCS

Ms. Benson is an internationally recognized trainer specializing in addiction counselor development, credentialing preparation, professional ethical development and enhanced clinical competencies. Working as a counseling professional for 45 years, Ms. Benson offers a wide-viewed perspective of meeting individuals where they are and walking with them toward their desired change.

Lucy Billings Robbins, LADAC II

Lucy Billings Robbins is a nationally recognized trainer and a senior faculty member of The William Glasser Institute. She has actively promoted and provided Reality Therapy training throughout the world. She served on the International Board of The William Glasser Institute. Lucy has national certification in substance abuse and clinical supervision and hypnotherapy. She is acclaimed as a mentor and advocate for alcoholism and drug abuse counselors. She has served on the Tennessee Alcoholism and Drug Abuse Counselors Association Board of Directors and is a Past President.

Jon Buffington, LCSW, LADAC II

Jon is the current Program Director at Bradford Health Services in Manchester, TN. He has worked in Addictions and Mental Health treatment for the past 12 years, coming from a completely different professional background. Jon has worked as both an Outpatient and Inpatient Substance Abuse Counselor, family therapist, and in private practice. Jon currently resides in Manchester, TN with his wife Tammy, 2 dogs & 4 cats.

Rebecca Bullion, LCSW, CIP, SAP

Rebecca Bullion has been in private practice since 1994. Her practice includes work with eating disorders, substance use assessments and referrals as well as trauma and addiction. She obtained her Certified Intervention Professional credential in 2011 and her EMDR II in 2008. She is also a Department of Transportation Substance Abuse Provider and held a Master Addiction Counselor certification by NAADAC 2016-17.

Ann Coffey, ADS, RYT

Ann became certified as an Acupuncture Detoxification Specialist in 2012. She then received authorization and licensure from the TN Committee and Board of Medical Examiners to practice as an ADS. She has been a practitioner of yoga since 1998, became certified to teach in 2007, and is a registered member of Yoga Alliance. Ann is passionate in her belief and practice of using Auricular Acupuncture, Yoga and Meditation as tools to achieve mental, physical and spiritual balance. In addition to her Auricular Acupuncture practice, Ann teaches yoga classes at a Nashville IOP and presents yoga and AcuDetox workshops in the greater Nashville area.

T7

Lucy Billings Robbins, LADAC II

“Reality Therapy and Recovery 2: Taking Charge of our Behavior”

Through a series of hands-on activities participants will learn and practice the four Reality Therapy Questions that make up the process that leads to change. Find a new approach for dealing with difficult clients. Practice engaging clients in self evaluation.

T8

Kathryn Benson, LADAC II, NCAC II

Karen Moran, LADAC II, NCAC II, QCS

“The Joys and Challenges of a Private Practice ”

This workshop will utilize group discussion and exploration of participants’ characteristics, personality traits, intentional and natural gifts that may both enhance and impede their plan for being a sole therapeutic provider. This workshop examines the fundamental business management and quality care of a private practice.

T9

Detective Justin Fox, MNPJ Major Case Task Force

“The State of Illicit Drugs in Tennessee”

In this timely workshop, Detective Fox, Drug Detective from the MNPJ Major Case Task Force, will share information on the drug situation in TN. Participants will gain information on the increase in meth production and distribution, current opioid situation, TN “hotspots” and what drugs are currently prevalent in different parts of the state. In working with clients living with addiction, it is important to understand what they are facing on the streets.

T10

Michele Squires, MS, LADAC II, MAC, QCS

“Art Therapy: Using Creative Methods to Engage your Clients ”

Are your groups becoming stale? Are you looking to add a little fun to your groups to maximize participation? Art Therapy is a surprising tool to add life to the process of Group Therapy. Through the use of simple, thought provoking exercises, you can encourage clients to share their stories in a new way. Art Therapy can be utilized in correctional settings, as well as psychiatric and addiction treatment settings. It is effective regardless of gender or level of cognitive functioning. Participants will complete a simple Art Therapy exercise with paper and crayons and share with the class.

T11

Lucy Billings Robbins, LADAC II

“Reality Therapy and Recovery 3: Applying the Concepts ”

Join Lucy and learn to apply Reality Therapy concepts and procedures to each stage of recovery as she masterfully role plays a series of counseling sessions. Practice integrating these strategies into your own counseling methodology.

T12

Rev. Dr. Jane Abraham, LCSW, LADAC, ADS, CPS II

“The Heart Way”

The Heart Way™ provides intellectual, emotional, spiritual and physical integration, healing and educational services. This approach, developed over 35 years, accesses the deeper regions that are awakened in recovery. These methodologies use breath, music, art, movement and other vibrational techniques to effectively release blocked energy for connection and catharsis.

T13

Karen Moran, LADAC II, NCAC II, QCS

“Counseling the Parents of Hijacked Children“

The relationship of parent and child is unique in all the world. The fear of losing a child to any illness is unfathomable. But when the child has a substance use disorder, they first become almost unrecognizable. Often the messages parents receive from friends, family, and even professionals is critical and cavalier, implying or even boldly stating to parents that they created the problem. In this workshop attendees will compassionately examine the clinical considerations in working with the parents of adolescents and young adults, identifying elements of childhood development and healthy boundary-setting. Additionally, participants will have the opportunity to engage in role playing motivational interviewing techniques to aid parents and care-givers in navigating the complexity of fear, grief, and guilt.

PLENARY PRESENTER BIOGRAPHIES

W1

Stan Bumgarner, M. Div., LADAC II
**“Helping Clients Tell Their Story—
The Power of Analogy, Simile, and Image”**

How is addiction like a thunderstorm? Recovery like playing a round of golf? Building a house? In this workshop, Stan will share examples of analogy, simile, and image as a way to give even the most reserved and quiet clients the tools they need to tell their stories, share their emotions, and process where they have been and where they want to go. Participants in this interactive workshop will improve their abilities to create a shared language and will leave with a list of new and different exercises for individual clients and groups.

W2

Vanessa Hampton, ISSA CFT, YogaFit L2, CrossFit L2
“Stress and Our Body: Finding Balance in Our Life”

As professionals, we spend our days investing in others and advising them of how to better care for themselves, but do we sacrifice our own health in the process? Stress has a profound impact on our body and our mind. Sometimes stress in our life is obvious. Sometimes we don't even realize that we are living in a state of stress. Learn the physical and emotional signs and symptoms of stress, the long-term effects of chronic stress, and how we can effect a change in our own lives to minimize or eliminate it in order to find a healthier life balance. During this workshop participants will learn the physical emotional impact of stress, how to recognize it in their own lives and how to make changes for healthier life balance.

W3

Randal Lea, MA, LADAC II, QCS
“Snow on the Bloom: A Qualitative Look at Counselors, Grief, and Loss”

Addiction counselors have always dealt with client relapse and death, yet the Opioid Epidemic has highlighted death of young people in a way that amplifies loss. This workshop moves beyond secondary traumatization into the realm of primary grief for counselors who have done their best and still lost patients to the disease of addiction. Counselors have intellectual knowledge of grief; but how do we work through our own emotions in the face of patient mortality?

W4

Michelle Ryder-Grebel, MA
**“Un-Cuff The Unhealthy Behaviors:
Moving From Poor Health to Wealth” Part 1**

Wellness is a holistic approach to living that includes the balance of healthy habits related to physical, spiritual, social, intellectual, emotional and mental, occupational, environmental and financial health. Achieving good health and wellness calls for an integrated focus on both the mind and the body and often requires us to make lifestyle changes that that we may not be ready for, or find challenging to do so. This is an interactive workshop where participants will engage in fun activities that will focus on the 8 Dimensions of Wellness, how to incorporate them into our everyday lives at home and at work, and how to navigate through the Stages of Change Utilizing Motivational Enhancement Strategies related to healthy lifestyle choices.

W5

Jonathan Holiday, MS, LADAC II, NCAC II, CADC II
“Men and Criminogenic Thinking”

When treating incarcerated individuals with SUDS we often find another layer of impaired thinking with Cluster B personality disorders. This presentation will discuss tools to assess criminogenic thinking scales and criminogenic thinking errors. Additionally, Jonathan will discuss how cognitive behavior therapy can be used to identify thinking errors and increase awareness of continuing the high risk behavior and exploring resistance. All of this allows the client to develop solutions for change.

Amber Stevenson, LCSW, LADAC II
Monday Plenary Speaker

Amber has been working in the field of trauma and addiction for over 15 years. She received her SW Master's from Columbia University in NYC in 2004. She has a private practice, Resiliency Ranch Counseling, LLC. She has been the Clinical Director at the Sexual Assault Center in Nashville. She has also worked at the TN Prison for Women's Therapeutic Community and Davidson County Drug Court Residential Program as a Primary Counselor. Amber provides professional training in the community and has been an Adjunct Professor at Belmont U. in the Dept. of Social Work for several years. She also provides licensure supervision to individuals in their respective counseling fields. Amber is Certified in EMDR Therapy and Equine Assisted Psychotherapy/Equine Assisted Learning. She has specialized training in EquiLateral, which incorporates horses into the EMDR Therapy process. Her areas of clinical focus are Trauma (which can include physical/emotional/sexual abuse, witnessing accidents, surviving or witnessing violent crime, natural disasters, etc.); Substance Use Disorders; Attachment-related issues; and Dissociative Disorders. She is the mom of 3 and 1 rescue dog, Lucky. Amber is most comfortable in her barn clothes around horses and would rather muck out a stall than clean house any day! She values authenticity, laughter and pouring into people (along with anything outdoors and spontaneous dance parties). Having worked hard to heal the hurts of her own trauma, she understands the courage it takes to face the "hard things" and also values the journey to helping others access their resiliency and (re)discover joy.

Darryl S. Inaba, PharmD., CADC III, CATC-V
Tuesday Plenary Speaker

Dr. Darryl Inaba is Director of Clinical and Behavioral Health Services for the Addictions Recovery Center and Director of Research and Education of CNS Productions in Medford, Oregon. He is an associate Clinical Professor at the University of California in San Francisco, CA., and a Lifetime Fellow at Haight Ashbury Free Clinics, Inc., (Health Right 360) in San Francisco, CA. As Director of Education and Research at CNS Productions, Inc. in Medford, OR, Dr. Inaba has authored several papers, award winning educational films and is co-author of *Uppers, Downers, All Arounders* a text on addiction and related disorders that is used in more than 400 colleges and universities. He has been honored with over 90 individual awards for his work in the areas of prevention and treatment of substance abuse problems.

Rev. Stan Bumgarner M. Div., LADAC II
Wednesday Plenary Speaker

Stan's work life has included the oil rigs of Louisiana, owning a comedy night club where he worked with comedians such as: Jay leno and Gabe Kaplin, selling pet-sitting franchises nation-wide, community organizing in Nashville, A&D counseling, and travelling as a circuit preacher around Middle TN. He now serves as Spiritual Director at Cumberland Heights residential treatment center. Over the years he has accumulated a wealth of stories from everyday life and religious wisdom texts from around the world and other cultures which are powerful tools for counselors to use in overcoming resistance, motivating change, and awakening the spirit. He earned his Masters of Divinity from Vanderbilt University, is an ordained Unitarian-Universalist minister. He has been in the A&D field for over 10 years. He is a member of the National Spiritual Care Addiction Treatment Professionals (SCATP) organization.

Conference Planning Committee
Toby Abrams, LADAC II, Committee Co-chair
Roger Enlow, ADACI, CNC, Committee Co-chair
Phone # 615-386-3333 x103

Phil Guinsburg - finance
Mike Coupe - exhibitors
James Nihan - AV/Auction
Donna Caum - registration
Cassie Gray - exhibitors
Susan Cunningham - LCSW liaison/general duties

Karen Dennis - door prizes
Frances Patterson - brochure/presenters
Ramie Siler - registration/communications
Terry Kinnaman - hospitality/advertising
Jane Taylor - registration/Auction

Floyd Patterson - badges/certificates
Clifford Fiedler - computers

Exhibitors

We encourage you to visit exhibitors in the exhibit areas.
Exhibitors at the Journey Together Conference are not necessarily endorsed by MTAADAC or the conference.
The TAADAS Recovery bookstore is located in the **Saddlebred Room.**

Hospitality Suite

The hospitality suite is located in the **Appaloosa Room**, where you may enjoy refreshments during breaks. It is open Monday, Tuesday and Wednesday, 7:30am - 6:00 pm. It is closed during lunch, Noon-2:00pm. Coffee is available during morning breaks in the lobby.

NAADAC/TAADAC Membership

Are you a member of NAADAC, your professional association? Pick up membership benefits information and an application in the exhibit area. If you join during the conference you will receive a \$50 certificate towards your Journey Together 2021 registration fee.

W6 Stan Bumgarner, M. Div., LADAC II Kim Parent

“Music and Storytelling—The Subversive Power of a Well-Chosen Song ”

If storytelling is a critical component of the treatment process, then a well-chosen song that involves narrative can be even more powerful because clients connect with the beauty of sound, voice *and* story. Join Stan and Kim to experience and explore the subversive power of songs chosen specifically to evoke emotion, reduce the defenses of even the most resistant clients, and create the space for discussing spirituality. Participants will interactively create a shared list of songs important in their own practices and useful to clinicians working with SUD clients and their families.

W7 Deborah Driggs, Ph.D., LPC/MHSP, ACS “Co-Occurring SUD and Trauma: Ethical Assessment, Diagnosis, and Treatment”

Co-Occurring Disorders are more appropriately treated from an Integrated treatment approach and may require collaboration between multiple providers. This workshop will consider the Co-Occurring Disorders of SUD and Trauma-Related Stress Disorders for the purpose of exploring ethical and licensure boundaries for the Licensed Alcohol and Drug Abuse Counselor or those pursuing licensure. Dr. Driggs will also discuss assessment, diagnosis, and treatment approaches for the Co-Occurring Disorders of SUD and Trauma.

W8 Michelle Ryder-Grebel, MA “Un-Cuff The Unhealthy Behaviors: Moving From Poor Health to Wealth” Part 2

This workshop is a continuation of W4. You do not have to attend part 1 to participate in this workshop.

W9 William "Bill" Warr , LADAC II “Image-vs-Grounded: Is It Live or Is It Memorex”

The purpose of this workshop is to assist you, the clinician, in better serving the resistant and defiant client by breaking through the self imposed “fantasy world” they have created due to environmental mindsets and beliefs. Bill will lead discussion in skills necessary to meet head on the “realities” and complexities of client life experiences and to address the false images that have become realities for those who are trapped in abnormal behaviors and criminal thinking. Participants will learn techniques to empower the client to reach new levels in their personal recovery.

W10 Jon Buffington, LCSW, LADAC II “Addressing Communication and Conflict Management Needs in Substance Abuse Family Counseling”

This workshop will address the differences between effective and ineffective communication and the needs of more effective communication within the family of the substance abuse client and their primary support. Discussion will include how to approach this topic effectively and the implementation of it in a group or private setting. Components of this workshop will include a conflict resolution framework that will be incorporated in experiential ways that incorporate willing audience participants.

**The Journey Together Conference
Welcomes all attendees to YOUR
conference this year!**

TAADAC mission:

As an association for addiction professionals we educate, advocate, and promote healthy communities for an addiction free Tennessee.

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**Our special thanks to
The Davidson County
Sheriff's Office
Color Guard**

The color guard will open the Conference with the presentation of the Flags and the Pledge of Allegiance led by Jacques Tate National Anthem led by Clifford Fiedler

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**Thank you to those who offered the morning meditations:
Kathryn Benson
Mike Coupe
Kim Parent**

**The Middle Tennessee Association for
Addiction Professionals
would like to offer our special thanks and
acknowledge the following benefactors of our
conference:**

**MICHAEL AND JANET RICHARDSON
BILL AND ROBIN KING
TAADAS
HARBOR HOUSE, INC.**

**MEMPHIS AND SHELBY COUNTY ADDICTION AND
BEHAVIORAL HEALTH TREATMENT CONSORTIUM
TN DEPT OF MH AND SA SERVICES**

**These generous donors enable us to provide
scholarships to our conference and handouts for our
participants.**

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Door Prizes

**Thanks to all who donated door prizes.
*Please enter for door prize drawings at the
registration desk.***

**Only one entry per conference
participant.**

Silent Auction

**This year we will again have this fun event.
On Monday and Tuesday we have a silent auction to benefit
the scholarship program for the 2021 conference.**

**Auction opens Mon. at 1:15 pm and closes Tues. at 6:00 pm.
Auction items can be picked up and paid for in the
registration room on Wednesday.**